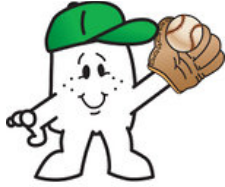


I Exercised Today!

Play a Sport



Ride a Bike



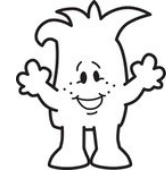
Run



Work Your Muscles



Other



Mark a box every time you exercise!

	Play a Sport	Ride a Bike	Run	Work Your Muscles	Other
Mon					
Tues					
Wed					
Thurs					
Fri					
Sat					
Sun					