Conflict Resolution Worksheet

Meet and talk about your problem. Take turns talking and listening. List your problem here:
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Think of a solution together. What will help you solve your problem? Write your plan below:
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Put your plan into action.

Meet at a later time and check in. Is your plan working and why? If your plan isn’t working, do
you need to make another plan? What is your new plan? Write your answer below:
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

Free Printable Behavior Charts.com